

# north<sub>by</sub> northeast

COMMUNITY HEALTH CENTER

*Supporting a healthy neighborhood*

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## Thank You All!!

The Willamette Week Give! Guide was an even bigger success this year, bringing over \$500,000 to 49 local non-profits, and \$19,000 to North by Northeast. Thanks to everyone who donated at year-end and throughout the year. Your support makes our work possible! **See other side for a list of 2007 supporters.**



*Pastor Mary with Kaiser Permanente volunteers on Martin Luther King Day*

## Martin Luther King Day

Our second annual all-day clinic in honor of Martin Luther King was held on January 21st. Care was provided to over 20 patients by Kaiser volunteers Keith Bachman, Kelly Bennett, Cathy Chester, Louise Clark, Barbara Dirks, Nina Fleckenstein, Jill Ginsberg, Michael Krall, and Leslie Nicodemus. Thanks to Kaiser Permanente for staffing the clinic, to the Concordia New Seasons for supplying lunch, to Grand Central Fremont for sweetening the day with pastries, and to Eliyahu Clark-Ginsberg for providing logistical support and good humor throughout the day.

## Clinic Update

In 2007, our first full year of operations, we helped over 700 people get the care they needed. Most of our patients live in the clinic neighborhood and have chronic health conditions such as high blood pressure, diabetes and asthma. Our services have helped people get work as truck drivers, letter carriers, counselors, foster parents and Peace Corps volunteers. We treated visitors from as far away as Africa and India, and helped one patient over 60 fulfill his dream of setting sail around the world. We diagnosed breast and prostate cancer, and helped patients get treatment for these conditions. In addition to our Thursday evening walk-in clinics, we are now open at least two Mondays a month for follow-up appointments, allowing more time for health education and chronic disease management.

## How You Can Help

- **Make a donation** through our website or by check. With \$100 we can provide a year's worth of medication for a patient with diabetes or high blood pressure. Let us know if you would like information about recurring donations or planned giving.
- **Make North by Northeast a beneficiary of your life celebrations.** Encourage friends and family members to join you in supporting this critically needed service.
- **Volunteer!** We especially need physicians and nurse practitioners. Ask your favorite health care provider to consider volunteering!

*"I lost my health insurance and was borrowing insulin from friends. I found out that North by Northeast is right down the street, and was amazed to find help so closeby! This clinic is a godsend."*

